(71)

13) Don't touch the table for stuff on the table (except the drinking glass and hair band)

14) One hand up at all times

15) No hand on chair

16 - Flip a coin with your mouth & land it on heads. Take near go. Get the round card on table only

Peak District Jan 31st – Feb 2nd

Giant's	Peak	Peak 2
~~Rory + Amelia~~	Nick + Becca	Rory + Amelia
Rosa + Tom	Jan	~~Becca~~
Stefan	Veronika	· Vlad
· Chi	James	· Fiona
		· KEW

64
40
25
42
20

Peak Cavern – Becca Miller, Nick Adams, Jan Kulveit, Veronika + James Fitzgerald

After a relatively leisurely morning of getting ready, we set off for peak at 10am. (Along with thousands of MUSC & another group of OUCC). We visited the sump at the end of the 'washing place' to kill some time before heading off to the ducks – water was quite fresh! We went towards the streamway before running into MUSC, so took a detour whilst they got down the ladder. I found some lovely rocks in treasure (?) aven, then we visited colonoscopy crawl for a 'laugh'. That laugh was exceeding muddy. James called it a day about 20 mins in, so we didn't go all the way. Streamway was amazing! Beautiful passage shape + such fun splashing down the hill. Went back up upstream + did a loop, once more bumping into OUCC. Nothing remarkable on the way out, poked my head into a dig – but most importantly we were out in time to watch the 6 Nations!

Becca

(23)

Peak Cavern - Vlad Catanea, Rory Rose, Fiona, Kevin, Amelia

We went inside the cave. We found a slide which didn't really work. Then we found the muckey ducks, which I expected to be worse since I haven't been through any ducks before. We went in the round trip. We saw the place through which some cave divers discovered the cave. Then we went through some long crawl where I got very tired. Afterwards, we did some interesting climbings and the eyehole, which I found easy to squeeze through but hard to not arrive on my head at the other side (I did arrive on my legs though). We almost stoped to run away from Moss Chamber because we were tired, but luckily we realised how close we were and got there. Then we went back and successfully climbed in the mud between Moss Chamber and eyehole, which I enjoyed.

Vlad

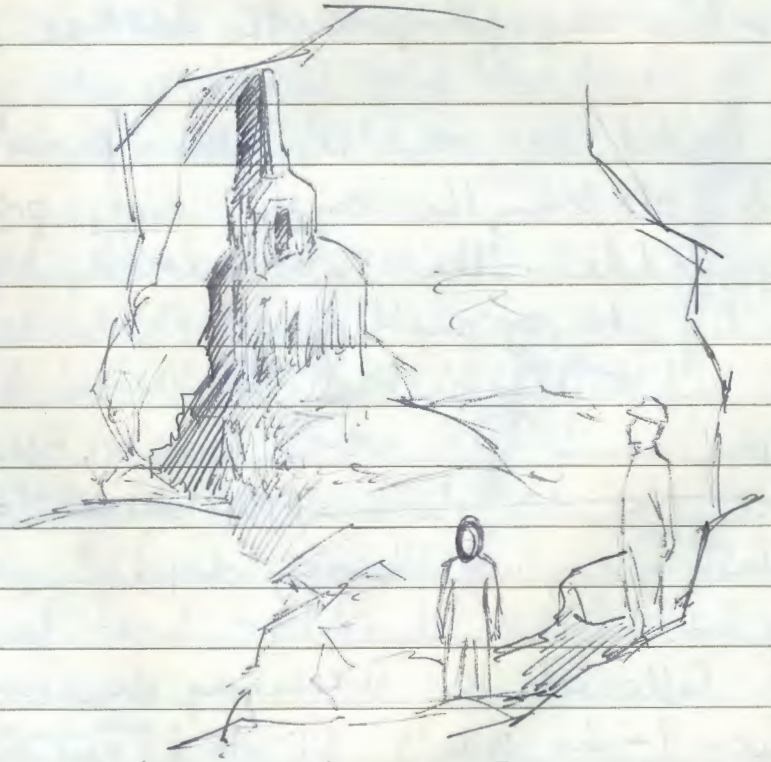
Keywords of this trip: Muddy, water, ~~etc~~ cold.
(Sometimes you need to get through some deep pools).
Challenging. rope climbing (up and down)
squeezing.
(we experienced a long tunnel). ~~take~~ took about 5-10 mins).

- FS

3rd day ever of caving - think it's my most challenging day yet. Visited peak cavern with Vlad and Fiona, led by Rory and Amelia. To sum it up, I got very acquainted with "The Devil's Arse". To visit Moss ~~cavern~~ chamber, where a previous OUCC caver had passed away, we had to crawl through a tunnel around 100m long. Elbows, knees, and arms were all aching if not on the way there, then on the way back. I felt slightly in danger while doing some of the rope climbing sections, as I was tired and cold after 3 hours in the cave. But being patient and with the coaching of Rory, each time I managed to find a foothold and stabilise myself. ~~I imagine~~ Imagining the mirror journey back from Moss, I & imagined I could relate to what it felt like for Moss to be trapped deep in a cave and exhausted. I had 3 ~~choccy~~ chocolate bars to warm myself on the trip back (1 Mars, 2 Caramel wafers).

-KEVIN



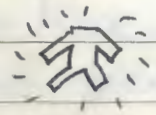


75

Giants – Chi Nguyen, Rosa Clements, Tom ,
Stefan

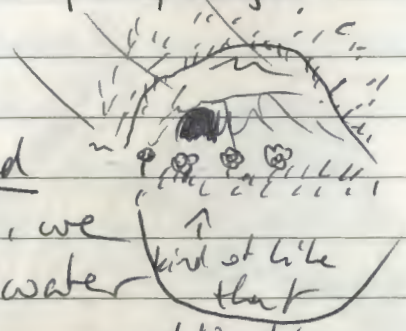
We had a great & for some really exciting & terrifying trip! On duty were:

- Experienced caver that hadn't caved for the last 1.5 years & didn't fit into his gear anymore – oops.
- Experienced caver still struggling with one of her feet from an accident with a ~~nicy~~ nice shiny new suit
- One person who's phobic of (cold) water which he revealed after we had driven to the ~~wind tube containing~~ giant wind pipe containing ~~cave~~ cave



- One person terrified if she has to trust her own feet to not fall down 50cm on the way to the above – 20m – traverse (who changed in the hut, just to unchange again to get into the car ... Novices)

Everything started nice and chill with none ~~exp ex~~ of our adventurers – except for half of them – knowing what they were getting into. The entrance looked pretty enough!



We started our round trip down the latter! Instead of taking the empty, nice, prerigged dry ladder that was already there, we decided to rig another one right in the water fall and do that instead! While more caving groups (North Irish woomen?) were lining up behind us ~~up~~ ~~That was nice~~ ~~That was one down~~ (That was when water-phobic had to start giving up staying dry)

We followed the streamway downwards where experienced caver 1 – who didn't fit into his gear anymore – had to make lots of interesting flat through the streamway manoeuvers to get through the tight spots while our 1.50m dwarf didn't notice ~~it was tight~~ anything.

It followed: Rally wet iron ladder, sump-peaking, out-of stream-way getting, lots of hand rope climbing, being happy about drying again until

we got to the bit with the giant wind pipe. Our Water-phobe was in for quite some screams ~~(but marched thro~~

Quote: "I hate my life right about now" while our ~~scared off~~ dwarf had to pretend to be super tough in order to make fun of him.

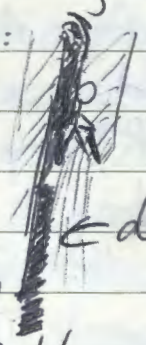
More ~~rope~~ hand rope climbing, more getting wet etc. until

we got to the bit where you need to traverse over the stream-way. ~~(20-3~~ (15-30 meters high?)

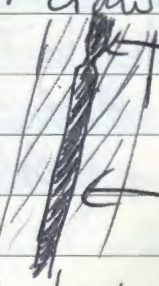
TER-RY-FY-ING. (You can guess who wrote this)

So, yeah. ~~[illegible]~~

It was a bit challenging. Lots of hand holding. Lots of wishing - we - had - brought - an - SRT - kit to go down to the streamway instead, ~~to~~ Some heavy breathing & shaking, esp. at the part that looked liked this: (~~right~~ a bit before the eye hole)



Well. we managed. Somebody promised there'd be an eye hole which is just crawling, but then instead looked like this:



It was great. Afterwards, my memories are fuzzy because I zombied along (with lots of hand holding), but I think people had a blast

So, back on the streamway to the point with the ladders! This time taking the dry one. Some shivering, ~~[illegible]~~ fast walking, changing ~~[illegible]~~ in the wind by the cab & that's, concludes this thrilling adventure!

Giant's	Peak + SRT(?)	Nettle
· Roy SRT	· Rosa	· Nick
· Amelia SRT	· Tom	· Becca
· Dan	· Chi	~~· Dan~~
· Veronika		
· Vlad		
· Fiona		
· Dan today		

Oxlow

We took Chi to do SRT in Oxlow, which seemed like a useful step for someone who's so keen to do Titan after only having done Hunter's Hole. It was quite a deviation themed trip. Chi did very well, despite me having to threaten to tell the cautionary tale of my second SRT trip about not letting go of the rope with your right hand. It was nice to see the different views in Oxlow. I mostly carried the orange bag and we turned around just before it was about to be used. I think the moral of the story is that doing a lengthy SRT practice in the hut followed by quite a faffy SRT trip a drive away from the hut on a Sunday is it the best idea. It was an enjoyable trip but probably would have been better if we'd done it on Saturday and been able to do the whole thing. Thanks to Tom for rigging and derigging. Oxlow is an interesting mix of mine and natural cave. Beware of farmers who hang up dead moles from a fence like trophies.

SWCC Trip

Nick + Amelia	Jonathan + Rory	Rosa + Tom
• Vlad	• Steph	• Catalina
• ~~Aidan~~ Aline	• Carrie	• Fiona
	• Greta	

Today I went on my first caving trip. I was excited and nervous at the same time, especially nervous about being in a tight space. But it was all fine. We saw a lot of cool landmarks, like shattered pillar, the trident, the carrot. However, I still don't get how they don't get lost in there. I'm really grateful for the leaders I had because I felt in good hands every moment. It was certainly a great new thing to try and I love finding 'new' landscapes (Earth is a pretty interesting place, isn't it?).

- Catalina

We! Love! Caving!
↳ we did the longest ~~tour~~ trip of the weekend (Full shelf.) had an amazing time, but did almost kill JC. Thanks for a great weekend. (Steph)

I spent a long time/effort traversing, before I got wet enough to realise that this was good for fun but pointless for practicality. Maypole was really cool and twisty. I was squealing from excitement regularly through the trip.

Greta ♡

Caving is something I never ever thought I would find myself doing as I have a massive fear of heights and tight spaces! However, thanks to some persuasion from Steph and Rory, I am so glad and proud to have completed my first trip and enjoyed it so much more than I could've possibly expected. Thanks for pushing me out of my comfort zone, Carrie xxx

It was a fun trip. We did some interesting climbs, like speedy caver, but also some crawling and a little squeeze with water. We saw a lot of nice formation, more than in any cave I've been before. I especially liked the unnamed ones near the entrance. We saw the judge, which I found pretty funny, because it was just a blob that looked nothing like a judge. Nick also teached us to hate the hateful way.

Vlad.

Came back for a 3rd weekend! Yay! ☺
It was a challenging but absolutely amazing trip. We stayed for quite some time underground, saw some very nice chambers, stalagmites and ceilings. We changed plan several times, which allowed us to explore a bit. It feels so rewarding to see how afraid I was of tight spaces on my first trip and how fun caving is actually!

Aline.

Had an excellent introduction to route finding, I gather the general procedure is 1. identify feature (large, noticable, ~~not~~ easily identified) with a spicy label 2. remember forever. Saw nice formations. Did reasonably successful job helping people up climbs. No one slid to their peril on speedy caver, which was ideal. ~~Made Nick do the traverse~~ Persuaded Nick to do traverse he has avioded in the past. Solid stuff.

Amelia

ps. the twiglet-shaped formations were my fave.

We tried to get to the Northern Lights but loaded at the first wet crawl. The next things included:
- Hayabi's dig + all of the bad bits & digs
- Lugubrious
- Stellerite
- Presidents leap
- The hateful way
- Speedy crawl

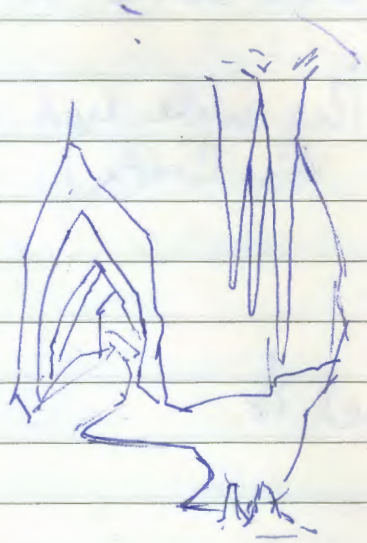
It was ok.. Nick. Vlad fell..

(Also I did presidents leap - so proud)

CWM DWR to OFD II tomorrow.

This was a Beautiful trip! Many extrodinary formations.

— Fiona. 7/.



Photography trip	Bedding chambers
Nick	Rory
Greba	Ametha
Carrie	Fiona
~~Steph~~	Vlad
	Rosa
Catalina	~~Tom~~
←	A Cire