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So 6 go down Rumbling and have a crackin time Have to say its a bit draught and ~~the~~ quite drippy but some impressive situations. Entrance waterfall is spectacular. Chris felt a need to engage with the link to lost Johns and got coated in foam as the reward. So a great trip and you do feel as though you've been caving (well at least if you are a crusty old lag).

Presidents
Invite
S~~[illegible]~~peleological
Special
Offering
For
Friends

Callout 2/4/23

Sunset Hole Rosa, Jason ETB: 2.30pm ~~Callout: 4pm~~

A pleasant ~~[illegible]~~ family bimble down Sunset. Water levels moderate but no problem. Very nice emerging into the Sunshine. A chap in an expensive-looking Lexus sports car had broken down outside - one would have had a heart of stone not to have laughed at his predicament.

But we did let him use our loos

2/4/23

Sunday - Waterfalls Walk

Steve, Sandra, Gail, Doug, Tom, Phil, Margot later joined by Maarten & Kitti

Lovely walk in glorious warm Sunshine.

Quite crowded - at first anyway - in slow single file. Lots of water in the various Falls.

Steve





1 - Molly Ingledew
2 - Margot Sargent
3 - Rosa Clements
4 - Doug Florence
5 - Gail Smith
6 - Brian Derby
7 - Alison Carey
8 - Oliver W-Mann
9 - Jason Clements
10 - Paul Mann
11 - Maarten Krabbendam
12 - Joanne Whistler
13 - Ursula Collie
14 - Tom Houghton
15 - Theo Ingledew
16 - Katie Ingledew
17 - Harvey Smith
18 - Henry Smith
19 - Penny Smith
20 - Pippa W-Mann
21 - Steve Roberts
22 - Rose W-Mann
23 - Philip Sargent
24 - Chris Denham
25 - Kitti von Ramshorst
26 - Graham Naylor
27 - Sandra Bailey

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DEVON WEEKEND 05/05/23-07/05/23

Rosa Clements, Rory Rose, Vlad Cătănua, Jason Liu, Steph Nicholas, Rocky Yu)

My very first cave. Purposefully went in with as little information as I could. Some incredibly incredulable sights and caving techniques. Much time spent in wistful contemplation in the beautiful forests that surround.

- Jason
(Student at the * Superior university ;))

It was a good muddy trip down Pridhamsleigh and Dog hole with a few tight squeezes for me but the curtain at the end was worth it. A good reintroduction after a four year hiatus.

- Nicholas

* Not so superior university that once accidentally lost someone in OFD

Pridhamsleigh was fun but involved lots of going round in circles 😐 A nice fenix light made its escape in the really very deep duck. Lights were a bit cursed in general this trip. But we made it out with teamwork.

Dog Hole key was marked as working but in fact didn't work. The rest of the cave was nice though, we saw a curtain. 😊 And we found where it was, we didn't get lost forever in the wild garlic.

Thanks to Rory for catching people on a climb that involved either very long legged spidery traversing or sitting on Rory.

First trip caving in a while - and a really delightful reintroduction in a stunning part of the country! The smell of wild garlic as I walk up to the cave was truly magical! Great trip, and enjoyed the card games in the evening!

- Steph

Sunday - Baker's pot

It was a pretty cool cave, it has a lot of pretty stuff. Not as challenging as Saturday but that is not bad for a Sunday trip.

Vlad

Yorkshire Weekend 19/05/2023 ~ 21/05/2023

Rosa Clements, Rory Rose, Vlad Cătămea, Fiona Zhang
Rocky Tu.

Rocky's First SRT Trip (Pool Sink).

This is my first SRT trip after a 2-hour SRT training weeks before. Fortunately, I still remember "some" of it. The trip began with a long hiking towards the entrance, where we got burnt by the sun for half an hour. After that, we entered with a short but exhausting squeeze.

The cave is not particularly muddy as I expected before, and we made slow progress as Vlad rigged the cave. The first SRT descending was not as high as I thought, though there is no way to descend with free climbing. Took a "long" time to put up the kit in narrow tunnel, and some time to mess with the rope.

The first descending was not easy for me as I probably messed up with the rope, so that I had to push the descender's handle "extra" hard to move. However, the second pitch's descending (which is after some simple traverse) went pretty fluently.

After 4 pitches, we reached the "bottom" of the cave. This is where I thought the trip should end soon, but it ~~turned~~ turns out to be the "beginning" of the actual "trip".

We explored a lot staring from the main stream way, which I won't describe (as I have wrote a "lot"). The straws are impressive though, never seen something

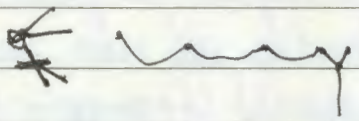
like that before.

However at that point, I was basically exhausted, and it was a miracle that I got back alive. ☺

The ascending was generally OK. The technique itself was fine, but as I was exhasted, it was particularly heard to ascend when the ropes was not hanged vertically (like ~~when~~ when they lay against the rocks). I should excercise more before (and °after!) the expedition.

Generally, this trip is the first ~~ad~~ advanced (hard) trip I have and is like 3 times longer than the previous trips. Tough experiences, but enjoyable.

I am not particularly good at the language :)



Fiona:

I did derigging, carried a full bag of ropes ~~out~~ out of pool sink. ~~It~~ Incredibly miserable ~~at~~ the entrance of pool sink. A lot of squeezing, ~~turning~~ points. Hate it!. Will do it again lol.

24/05/2023.

Rosa. Rory. ~~Tod~~ Vlad, Rocky —— Jingling Pot.

Fiona — BPF for her ~~via~~ viva on Monday. and claimed the hut.

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AGEN ALLWEDD day trip 03/06/23

Rosa Clements, Daniel Shapiro, Yushi Li, Parth Patel
Junyi Li, Buzz Lanthier-Rogers, Olivia Atkins, Andy Harris, Frances Pope

My first time ever caving! Such a fantastic and fascinating experience. Being underground is so surreal and peaceful. I hope to be back someday to Agen Allwedd.
- Daniel Shapiro

What a great first-time experience! After getting over the initial apprehension it was an exciting and completely different thing to do - will definitely go caving again
- Olivia Atkins

This was a wonderful first caving/spelunking experience! Will definitely go caving again. Big thanks to Rosa, Andy, and Frances.
- Buzz Lanthier-Rogers

It's something unique that one should all do in life. It is a test of trust, wisdom and physical fitness. Like in life, there are ups-and-downs in the journey. Where the highlights make the trip unforgettable and should be treasured. Thank you very much for Rosa's organisation, and Frances & Andy's help! Best wishes, Yushi Li

First Non-SRT trip. The squeezy crawly entrance did scare me a bit. As you can tell, I dont like squeezy crawlies, however after the 1st choke bit, it opened into big caverns which was a lot of fun with mud formations. I prefer SRT but this was certainly an experience to be had.
— Parth Patel.

We saw a bat, Dorothy's chamber, selenite crystals, the Mars' room and Cliff of Dover

SLAUGHTER STREAM day trip 17/06/23

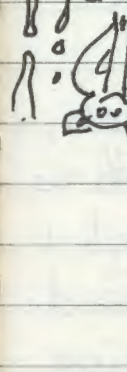
Rosa Clements, Fiona Zhang, Rocky Yu, Ştefan Manolache, Vlad Cătănia, Tom Spriggs, Andy Harris, Frances Pope, Irene Toggieri, Gustavo Alfaro, Brendan Retter, Megan Godfrey

First time caving - it was quite the experience! Being faced with the ladders going down the big drop at the start was a bit terrifying. Had to come out again and calm down. Tried again being bileted* (spelling?) down, then had a good time from then. Favourite ~~to~~ part was climbing down the rapids in the streamway. :) - Megan Godfrey

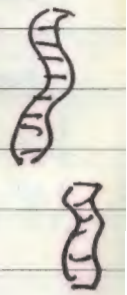
*belayed

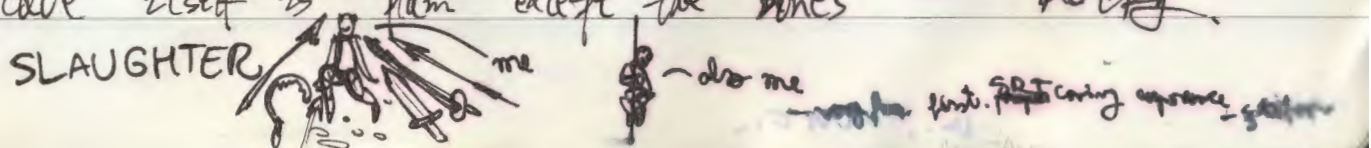
Great first caving trip. I feel like I got to try a bit of everything: crawling, climbing, ladders, water (crawling and walking)! It was a lot of fun, and I really appreciated the help and support from Tom and Vlad after I panicked at the entrance! - Brendan Retter

Caving fue una experiencia increíble, algo único en la vida. Para ser honesto si se requiere cierta habilidad y coraje para hacerlo, pero vale la pena. Hubieron momentos en que me asusté un poco pero al final todo salio muy bien. Muy feliz de haber experimentado el hacer Caving. :) Gustavo A.



From a technical point of view, this cave is a good practice for staying efficient. There are some long scrawls, and the passageways are not usually high enough to stand upstraight. Good practice before expedition. The cave itself is plain except the bones — Rocky





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Peak District. TSG.

Rosa clements. Andy Harris. Frances Pope. Jack Snow. Fiona Zhang

Saturday: Peak Cavern. All.

Sunday: Giants. Round trip. All except Jack.

Peak Cavern

My suggestion of a trip to Moss Chamber and/or the Streamway was rejected so we set off to find the bottom of Tiban or at least Leviathan. We completed Colostomy Crawl (albeit with an unintentional detour to Treasury Sump) then got a bit lost. Finally we found the way on - another crawl! There were some on the trip who had had quite enough crawling for one day so we went back. So basically we spent the trip thoroughly appreciating Colostomy Crawl in both directions. Not quite the intention... Bathtime was fun though, there are lots of new scrubbing brushes. And unlike some other caving clubs (Plymouth) we didn't accidentally leave someone behind in the cave.

Giants Hole

Will from the TSG wanted to pick up a datalogger from Giants, so we went to Giants too so he could come in the car with us. We just did the round trip. Roubefinding went OK, though I struggled with the rope climbs on the way up, I really need to get fitter. Frances pointed out that the Giants Windpipe should be called the Grants Oesophagus, it is more like being digested than anything windy. It was a fun trip, I think Will managed to sort out his datalogger.

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