ARIO CAVES PROJECT A 1st timers guide

Most people think we're crazy. I've come to think they're probably right, but it is from this very place of madness and unconventional bravery that I believe

true adventure IS BORN

What & When?

International Expedition Picos de Europa

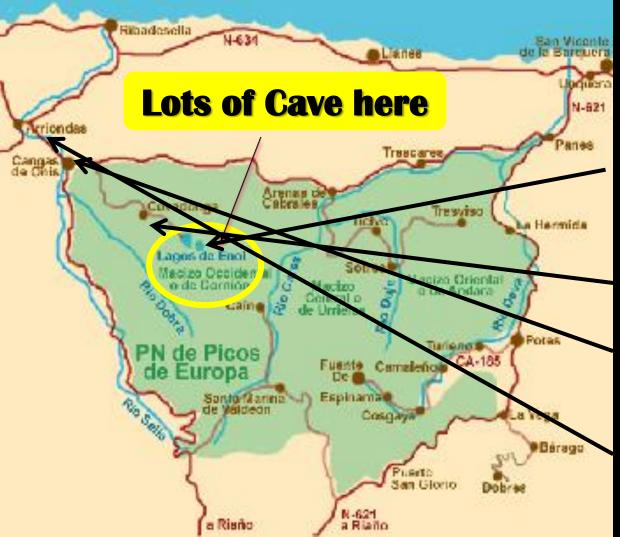
Members from -England, Ireland, Scotland, Wales, Germany, Spain



Permit: <u>17th June to 30th July</u> Expo will be for 4-5 of these weeks, TBC at meeting in Feb Chat to us about best times, durations and free slots

Where?





Picos de Europa Car Park @ Los Lagos Nearest Village – Covadonga

Where we food shop – Cangas des Onis

Bus station if going to/from Bilbao -Arriondas

Airports (in order of proximity);

- Asturias (aka Oviedo; airport code OVD)
- Santander
- Bilbao
- Transfers from airports –
- BEST OPTION RENT A CAR BETWEEN A GROUP OF YE, A MUST IF DOING <10 DAYS, as public very time consuming and depending on your flight often not possible to get up the hill in the sail
- Bus timetables at http://www.alsa.es/portal/site/Alsa;
- Bus from Aeropuerto Asturias to Oviedo, then Oviedo to either Cangas de Onis or (bett
- Transfers from Bilbao or Santandar bus to Arriondas and then to Cangas des Onis.
- If you are a first timer we will send someone down the hill to Los Lagos (where we park) to bring you up the hill.
- Buses can take you from the road head (Los Lagos), to Covadonga (nearest village to us) and the nearest town Cangas de Onis, and on to Arriondas. The Lagos to Covadonga bit isn't always on the web, but there are timetables printed when you get there. You may also be able to get a lift to Cangas if a shopping party goes down on the day of your departure.
- Trains available but slower.

The Car Park

Colley Cenal (1457 m.)

Canton ut lexev (T

Mateda de Culsiga

El Em pien (1536 m.)

ano los Gamones

The Walk

to Camp

Uncie (4234 m.)

Steep, 20kg + carries

os Lianos del Sorda

FIC

las Quemada

Valle el Cabril

All communal food, expo equip and personal kit must be carried by all if we can't get the donkeys or the horse runs off again!!

VEGA DE ARIO

Lefugio VE GA DE ANN

Accommodation -

Camping &/or Refugio Refugio typically €10 a night 3 course hefty meal - €15 Breakfast €5 - €10 depending on meat-etc Logistically Refugio stay very preferable if staying <10 days Communal food - logistics TBC as a group







www.refugiovegadeario.com ReFugio Vega de Ario

w.refugiovegadeario.com

Washing Facilities

There can be severe water and electricity shortages at the refugio weather depending, so pack accordingly. Consider alternatives to charging batteries i.e. a module that takes AA's in your lamp and accept the fact that you'll be a stinky tramp before long ;-)

04/08/2011



Cares gorge -Culiembro C4 – Verdellengua 1.5 hr walk from Camp Steep, hazardous ground

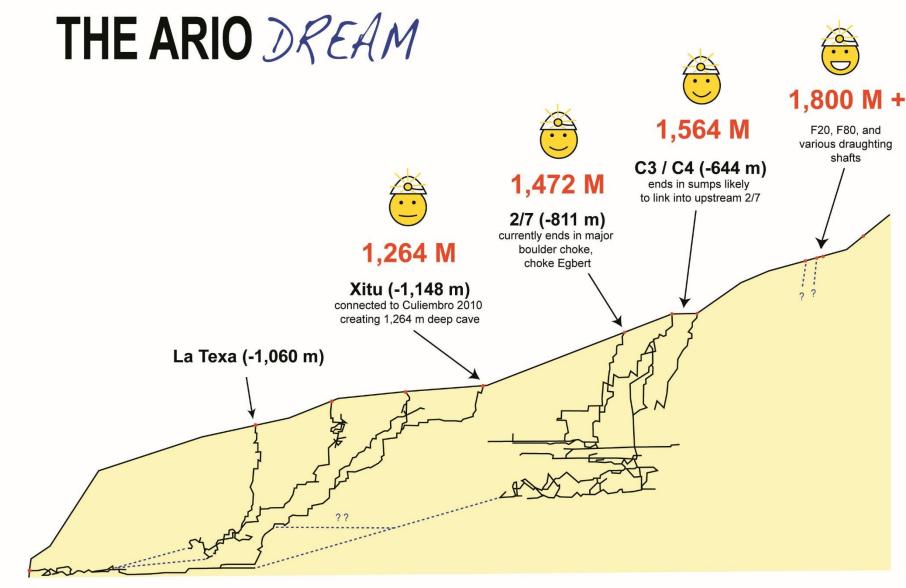
Recce the higher caves (1950 – 2220+m)

C4 objectives - primary

- Exploratory diving
- 100m bolt climb in the Sanctuary
- 26m waterfall to climb/bolt
- F64 inlet, very short climb to open passage
- Tinkle Tankle passage, capping big draft there
- Climb up into drafting phreatic passage over sump

This is where the future lies – Prospecting, Exploring, Dye tracing, Chemical, physical (& psychological?) persuasion Ario bowl – with refugio

Digs – way around Choke Egbert & Valley of the dry bones



Cueva Culiembro

Resurgence at altitude ~430m (water emerges at ~340 m) Major stream passage continues up towards 2/7...

COSTS –

• Caymen island offshore A/C details coming soon ③



- £50 deposit ASAP so we can get buying equipment & likely another £50 depending on funding accrued etc. Hopefully less!
- Refugio €10 pppn, *http://www.refugiovegadeario.es/*
- Generous portioned dinners and breakfast available at the refugio.
 €15 for 3 course 'meaty' dinner and €10 for cooked breakfast. Not as great for veggie's.
- Caving food can be communally bought & carried up the hill. If enough people interested in budget food, we can rent a donkey between us.
- Car Hire has been around £60 80 each for a 2 week stay with 4 in the car booking early IMPORTANT as June/July prices can hike up

More info:



- @groups/ariocavesproject
- ArioCavesProject

OUR WEBSITE: ariocavesproject.com/

www.sidetracked.com/ario-caves-project

Descent (231) & Descent (232)

OUCC Website <u>–</u> www.oucc.org.uk/expeditions

EMAIL: ariocavesproject@gmail.com

BENEATH THE MOUNTAINS

DAVID ROSE AND RICHARD GREGSON

<u>Read beneath the</u> mountains @

<u>http://www.oucc.org. uk/btm/beneath.htm</u>

Who wants to go on an expo lead by these two feckin eejits? **Steph Dwyer**

Mike Bottomley

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<u>Contact us: mikeb@terradat.co.uk;</u> steph.dwyer@gmail.com Google Groups – ariocavesproject, Find us on facebook: Ario Caves Project

Not a bad view to come out to?

ariocavesproject.com